

## **FIRST AID SUPPLIES**

### Sealed Gallon Size Ziplock Bag

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- 1 adhesive cloth tape (10 yards x 1 inch)
- 5 antiseptic wipe packets
- 1 instant cold compress
- 3 pair of non-latex gloves (size: large)
- 3 pair of non-latex gloves (medium)
- Scissors
- 1 roller bandage (3-4 inches wide)
- 6 absorbent compress dressings (5 x 9 inches)
- 5 sterile gauze pads (2 x 2 inches)
- 5 sterile gauze pads (3x3)
- 5 sterile gauze pads (4 x 4 inches)
- 1 triangular bandage
- Accident report
- One bio-hazard bag

### Additional Items recommended for the backpack (not inventoried items)

- Band-aids
- Additional Gloves
- Oral thermometer (non-mercury/non-glass) with sheaths<<Unless they have an ear thermometer available>>
- CPR Mask
- Kleenex
- Bandages and gauze